

SPORTS GAMES RULES AND REGULATIONS

III ONCO - OLYMPICS

Objectives

Stimulation and equalization of opportunities of children and teenagers who are recovering from cancer through popularization of sports and dissemination of the idea of physical activity, increasing the chance of better functioning in the society. Summation of the sports carried out in the years 2009 and 2010.

Date: 16.07 – 18.07 / Friday, Saturday, Sunday /

Location

- Accommodation: Dormitories Akademia Wychowania Fizycznego [*Academy of Physical Education*] in Warsaw, Poland
- Sports competitions: Akademia Wychowania Fizycznego [*Academy of Physical Education*] in Warsaw, Poland
- ul. Marymoncka 34 [*Street*], Warsaw, Poland
- Opening Ceremony: Akademia Wychowania Fizycznego [*Academy of Physical Education*] ul. Marymoncka 34 [*Street*], Warsaw, Poland

Promoter

Fundacja Spełnionych Marzeń [*Fulfilled Dreams Foundation*], ul. Nowogrodzka 6A lok. 22 [*Street*], 00-513 Warsaw, Poland. Tel. (+48 22)522 74 98, Fax: (+48 22) 621 81 87, e-mail: fundacja@spelnionemarzenia.waw.pl, www.spelnionemarzenia.waw.pl.

Participants

270 athletes, 50 guardians, 25 judges, 30 members of organizing committee, 50 volunteers, \representatives of Poland, representatives of the Ukraine, Slovakia, Latvia, Czech Republic, Austria, Romania, Turkey and Hungary.

Sport disciplines:

- Track and Field
- 5-player team soccer
- Swimming
- Table tennis

Conditions of participation

Only those competitors/athletes can participate in the III Onco-Olympic Games who presented a medical certificate with information about cancer diseases recovered from and whose entry forms on special forms were forwarded by oncology centers.

Documentation of an athlete/competitor constituting valid conditions permitting to participate in the Onco-Olympics:

- Ø A written permission by the treating doctor allowing the patient to take part in the Games in a given sports discipline (stamp and signature of the doctor on the participation notice).

Sports Rules of the Onco – Olympics 2010

A COMPETITOR MAY PARTICIPATE IN A COMPETITION ONLY IN ONE (1) INDIVIDUAL SPORTS DISCIPLINE AND BE ON ONE (1) SOCCER TEAM

Sporting event will take place pursuant with the Official Sports Regulations of the Sports Federations in a given discipline.

- Ø Age categories divided by gender: individual sports: 1. 6 - 9 yrs. old; 2. 10 - 12 yrs. old; 3. 13 - 15 yrs. old, 4. 16 yrs. old and older; soccer: 1. 6 – 12 yrs. Old; 2. 13 yrs. old and older. The age category is decided on the date of birth in relation up to the Opening Ceremony and not just the year of birth.
- Ø In an event there should be too small a group of competitors in the same age category, it is possible to combine various age groups.
- Ø An official sports competition will take place in a given event only when a minimum of 3 athletes will be entered to participate. In an even there should be less than the before said number, then the athletes will be offered a change of a competition discipline, and if that should prove impossible, then the said competition will take place as non-competitive event and the athletes will receive ribbons for participation.

Sports competition committees:

The Rules Committee shall be appointed for each discipline, which will keep watch over the proper the run of a competition in a given discipline. The Committee will review any filed on a special form, written complaints and/or protests. A protest may be filed by the Team's Manager within a maximum of 30 (thirty) minutes from the occurrence of a situation requiring a review by the Rules Committee. An Appellant Committee will be appointed to review appeals against decisions made by the Rules Committee. The aforesaid appeals may be filed only by the Team Manager up to 4 (four) days after the official closing of the Games (the said appeals may be filed to the games office while the Games are underway or to the promoter's office after the Games are closed.)

Awards

For participation in official competitions of the Games, medals will be awarded (for First, Second and Third place), and diplomas for winners of places 4 to 8. A disqualified athlete will take place in the Closing Ceremony and shall receive a diploma of participation.

We ask the athlete participants, trainers and care-givers to make sure that during the decorating ceremony, the athletes act with enthusiasm, elegance and dignity befitting athletes of the Oncological Olympics.

Matters of Organization

The promoters and simultaneously the organizers shall ensure free participation (sleeping accommodations, meals in the Academy of Physical Education in Warsaw) to the teams pursuant with the confirmed entry form, from dinner served on Friday July 16, 2010 to breakfast on July 18, 2010 + food for the road.

- q Participants and medical centers ensure to provide sport uniform outfits for its representation at their own cost.
- q The team of a given medical center will consist of 12 children recovering from cancer with 12 care-givers and one (1) Manager of the whole group (doctor / psychologist/an individual selected by the given medical facility).
- q The Promoters organizing the event shall incur transportation costs.

- ❑ Athletes/competitors, trainers, volunteers, parents during the Games will all be given special ID's.
- ❑ The Promoters organizing the event ask all individuals qualified to be part of the team to provide the following information: First name, last name, address, PESEL ID number, name of the team, function: Trainer, Care-giver, Team Manager, to the Promoter in Warsaw together with entry form, which the promoters will use to prepare ID passes and to create an insurance list covering the event.
- ❑ Those persons wishing to root for the participants during the Games, be the event's guests or spectators (family, friends of the children from individual centers) will be obligated to ensure sleeping accommodations and meals for themselves at their own cost outside the property of the Academy of Physical Education in Warsaw.

Program of events

The program will be handed out in a time period closest to the Games after receiving entry forms.

GENERAL PROGRAM III ONCO – OLYMPICS

Friday July, 2010.

- 12.00 – 16.00 Arrival of national and international teams at location of sleeping accommodations and registration of teams.
- 14.00-17.00 Dinner, after dinner sports uniforms will be distributed
- 17.30 – 19.00 dress rehearsal
- 19.30 – supper – cold eg. sandwiches, cold cuts etc.

Saturday July 17, 2010.

- 08.00 – 09.00 breakfast (at place of staying and sleeping accommodations)
- 10.30 - Grand Opening of the Olympic Games
- 11.00 – 17.00 Sports competitions, medal, prizes and diplomas awarding ceremonies
- 17.05 –Closing of the Oncological Olympic Games ceremony
- 17.30 –hot food catering
- 19.30 – 20.30 concert

Sunday July 18, 2010.

- 09.00 – 10.00 breakfast
- 10.30 –check-out and departure for home

EXECUTION OF COMPETITIONS

TRACK AND FIELD

SCOPE OF COMPETITIONS – official competitions:

- 60 m dash (only for the 1 and 2 age group categories), 100 m dash, 4x100 m relay.
- Long jump from standstill position (only for the 1 and 2 age group categories), long jump with preparatory approach run,
- Hammer throw – males (4 kg), hammer throw – females (3 kg)
- Baseball throw (Only for 1 and 2 age group category)

competitions for athletes with the lowest level of physical ability:

- 25 m walk with assistance /walker, crutches etc, help from the trainer is not allowed etc.
- 25 m, 50 m wheelchair race, baseball throw from a wheelchair

In competitions for individuals with the lowest physical abilities and in wheelchair competitions, athletes with physical limitations and incapacities significantly impacting the athlete's motor skills. Information about dysfunction of motor extremities must be included in the athlete's medical note.

Each athlete may start in two competitions and one relay with the following exceptions:

- Athletes with the lowest physical abilities may start only in two (2) competitions designated especially for them – they cannot take part in a relay.
- Athletes entered into wheelchair competitions cannot participate in competitions designated for individuals with the lowest physical abilities. They can only take part in two competitions designated for children in wheelchairs.

The sports facility

The games will be held at the athletics stadium of AWF [*Academy of Physical Education*]. The stadium as a 8 lane running track with a tartan surface. The stands are not covered but it's possible to use a covered spectator hall from which the stadium competitions can be viewed, the facility also is constructed to accommodate free movement of wheelchairs.

Method of running the competitions

Rules

- All track and field competitions will meet IAAF requirements.
- In a long jump with a preparatory approach run jump a proper jump from behind the foul line is mandatory. Protests of trainers not to disqualify a jump take off from the so called "zone" will not be considered or honored.
- The athletes can but do not have to wear athletic shoes with maximum 6 mm long spikes and starting blocks but they do not have to.

SOCCER of 5-player teams

SCOPE OF COMPETING – playoff games between 5-player teams.
Each team on the field shall comprise 5 players (including the goalie).

Location of games: grass field of AWF [*Academy of Physical Education in Warsaw*] or the sporting arena depending on the weather conditions.

METHOD OF RUNNING THE COMPETITIONS

Rules:

- The playoffs will be organized pursuant with the rules of the Polish Soccer Association and FIFA.
- Teams are allowed to change / replace all players during time out in the game without limitations, that is: a player once replaced with another can return to the field after resting.
- During the soccer playoffs the proper behavior of trainers and others will be rigourously observed. Unacceptable behavior of the trainer or accompanying parties, which will be in violation with fair play principles, will cause for the said persons to leave the field zone.
- In an event of a tie, extra time is not foreseen nor are penalty shots. A larger number of won points decide the ranking of a each team and in case of the same number of points a direct playoff between the two teams will be played. In an event if there is more such teams, then the decision is made based on the so called "small board", in which included

are the number of games played between the the interested teams, a more favorable number of won and lost goals, and the number of shot goals. In an event of a lack of differences, the judges may make a decision about a series of overtime penalty shots (5 shots per each team).

- A committee of experts observes the games the entire time, making sure of the proper run of the games. In an event of a breach of the principle of “fair play” or other violations by a team, the committee may issues a warning to the team. After the second warning for the team, the committee may decide to place a penalty on the team – from losing the game through a walkover up to excluding the team from participating in the playoffs.

Equipment

- All players must wear the same uniforms with visible player numbers (on the back of the shirts), shorts, leotards and soccer shin protectors. The uniform of the goalie must differ in color from the rest of the team. The number of the player’s shirts must meet the official sport requirements of the PZPN [*Polish Soccer Association*]. Pursuant to international regulations, there can be no advertising, sponsor or any other logos.
- Each team should have two alternate color sets of shirts or if that should be impossible than arm bands.
- Soccer footwear is obligatory – soccer cleats or turf soccer shoes for kids.
- Players cannot play in footwear with attachable cleats (metal or hard plastic).
- Players are permitted to wear glasses Turing games at their own risk.

SWIMMING

SCOPE OF COMPETING -

Official competitions:

- § freestyle: 25m, 50m,
- § breaststroke: 25m, 50m,
- § backstroke:25m, 50m,
- § freestyle relay: 4x25m.

Each player may start in two competitions and one relay.

Location:

- Swimming competition will be held in a covered Olympic swimming pool of AWF [*Academy of Physical Education*], the pool is 25 m long with 6 lanes.
- Depth of the swimming pool: 3,50 meters at its deepest and 0,80 meter at the shallow end. The bottom of the pool has a suddenly drop between the deep and shallow end.
- An electronic timer system will be used during the games as well as manual timing in an event there will be a problem with reading the time results from the electronic system.

METHOD OF RUNNING THE COMPETITIONS

Rules, equipment:

- § All athletes must have an appropriate uniform, which meet the requirements of the Games.
- § In the freestyle swimming race, a change of swimming style is permissible while covering the set distance.
- § If an athlete, while covering the distance, will stop / stand on the bottom of pool or grab the line/ and this will not have an impact on improvement of his/her final time, that athlete will not be disqualified. However, if the athlete will be bouncing off the bottom of the pool or pulling him/herself on the line then the athlete will be disqualified.

- § During the games a judging committee will be appointed to assess the proper qualities of the athletes' swimming style and make decisions about any possible disqualifications for a style breaching the required rules of a given swimming style.

TABLE TENNIS

SCOPE OF COMPETING -

Official competitions:

- Single games for females and males,
 - Gry podwójne mężczyzn i kobiet (deble),
 - Doubles for females and males,
 - Mix doubles, competition in this game will take place in an event of sufficient number of mixed pairs with similar abilities, otherwise mix doubles will be treated as male doubles.
- Ø An athlete can start in two competitions at most.
- Ø Each team is entitled to enter two pairs for double games.

Location:

Games will be played in the sports arena of AWF [Academy of Physical Education] in Warsaw on 10 – 12 table tennis tables.

METHOD OF RUNNING THE COMPETITIONS

Rules, equipment

- § Games will be played pursuant with currently valid rules and regulations of the Polish Table Tennis Association.
- § The game will be played in the three (3) won sets system, that is it is possible to achieve the following points in sets: 3:0, 3:1, 3:2. The game lasts to 11 points. Change of the person serving takes place every 2 points.
- § The tournament will be played in the "Russian", "mixed" or "each person with each person" or "one on one" with each player.
- § All players must own their own table tennis racket meeting the norms of the Polish Table Tennis Association, that is black on one side and red on the other, covered with material produced by companies approved by the ITTF [International Table Tennis Federation].
- § In the tournament, white balls with a dimension of ϕ 40mm will be used.
- § Players are forbidden to play in white T-shirts.

WE'LL SEE YOU AT THE ONCOLOGICAL OLYMPICS

Please direct any and all questions and comments pertaining to the Rules and Regulations and participation in the Olympic Games to:

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